



Headteacher: Mr Luke Welsh

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Relationships and Sex Education & Health Education (RSHE) Parent Information Session – February 22

Dear Parents and Carers,



After Easter 2022, we will be implementing our brand new PSHE (Personal, Social and Health Education) Programme at NJA, called 'Jigsaw', the mindful approach to PSHE.

These weekly lessons will build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We will be using the Jigsaw Friends and calm me down to support your children's understanding.

The Summer Term Puzzles (units) are about *Relationships* (unit 1) and *Changing Me* (unit 2).

The *Changing Me* Puzzle (unit) includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and human reproduction.

As the materials are new, we warmly invite you to attend a session at school in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups. We have also begun to share other documents and leaflets via our school website: <https://normantonjunioracademy.org/curriculum/relationship-sex-health-education-rse/>

Date: Tuesday 1st March 2022

Time: 8:45am or 2pm or 5pm (*you only need to attend one, these are repeated sessions*)

To book onto one of the sessions, please complete the online registration form - <https://forms.office.com/r/ez1RLzZAmV>

We hope you will agree with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. The government had made Relationships Education and Health Education statutory for all primary schools, from September 2020 and we would value the opportunity to share the statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and how this forms part of our Science Curriculum.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have.

Many thanks,

Mr Welsh
Headteacher

Mrs Bowes
RSE/PSHE Lead